

WILDERNESS FIRST RESPONDER

NOVEMBER 8TH – 16TH 2008

9:00 am to 5:00 pm

Location: Sweetwater Kayaks, St Petersburg, Florida

Where to Stay:

Comfort Inn & Suites: www.choicehotels.com 727-563-9100

9401 Dr. M.L.K. Jr. St. N, St Petersburg, Florida

(5 minutes from Sweetwater)

Camping: Fort Desoto Park:

http://www.pinellascounty.org/park/05_Ft_Desoto.htm

(30 minutes from Sweetwater)

Course Fee: 8 days with one day off: \$575.00

Breakfast and Lunch for 8 days: \$80.00

Wednesday November 12 is a day off from the course

Wilderness First Responder (WFR) is the ideal medical training for outdoor educators, guides, SAR team members and others who work or play in remote areas. The curriculum is comprehensive and practical, including the essential principles and skills required to assess and manage medical problems in isolated and extreme environments.

PREREQUISITES

Students must be at least sixteen years old to participate. Those under 18 years of age will require the written consent of a parent or guardian. Certain course sponsors, including those offering the five-day format, may set a higher minimum age or establish other requirements consistent with their program. No previous medical training is required.

TEXTBOOKS

All teaching materials are provided by Wilderness Medical Associates® at no additional cost. This includes the WILDMED textbook, case studies workbook, field guide, lecture notes, and handouts.

COMPLETION AND GRADES

Successful completion with certification is based on 100% attendance, satisfactory performance on homework assignments and written quizzes, demonstrated proficiency with practical skills and a grade of 80% or better on final written exam. Wilderness Medical Associates® is committed to making reasonable accommodation to any student with special needs.

CERTIFICATION

All eligible students who successfully complete the course will receive Wilderness Medical Associates'® Wilderness First Responder, Anaphylaxis, and Healthcare Provider level CPR certifications. The CPR course is based on the ILCOR/AHA guidelines as published in Circulation in November 2005. All WMA certifications remain valid for three years. At the discretion of your local or state EMS authorities, the WFR certification may qualify you to challenge the DOT First Responder Exam.

RECERTIFICATION

Recertification can be earned at anytime during the three years following your course, but no later than the last day of the month in which your original certificate expires. Recertification options include the 36-hour Wilderness Advanced First Aid Course, the 36-hour Bridge Course, the 24-hour Open Recertification Course, or the 16-hour WILDMED Recertification Course.

WHAT TO BRING

Bring appropriate clothing for the location and time of year. Remember that, rain or shine, much of our time is spent outside. You will also need pens and a notebook. See our Student Handbook and speak with the sponsor for more information.

WFR COURSE CONTENT

The General Principles of Wilderness and Rescue Medicine with an emphasis on the prevention and identification of medical emergencies, appropriate technology, and risk management.

Patient assessment and emergency care including CPR, basic Life support, and the emergency treatment of anaphylaxis and asthma.

Environmental Medicine including altitude illness, hypothermia and heat illness, frostbite and cold injury; lightning, submersion, and environmental toxins.

Backcountry Medicine including the assessment and treatment of common medical problems.

Musculoskeletal Problems including unstable and stable injuries, overuse syndromes, and dislocations.

Wound Management including open fractures, lacerations, burns and blisters.

Practical Skills including splinting, bandaging, litter packaging and medical kit preparation.

WMA Wilderness Protocols including wound cleaning and exploration, spine injury assessment, dislocation reduction, CPR in the remote setting, and Anaphylaxis and Asthma.

